

**Eastern Virginia Local Human Rights Committee**  
**Meeting Minutes**  
February 9, 2006

Location of Meeting: Maryview Behavioral Medicine Center  
3636 High Street  
Portsmouth, VA 23707

Please see attached Record of Attendance.

The meeting was called to order by Kimberly Benton at 9:00 a.m. Minutes from the previous meeting were reviewed and approved as amended.

**Program Updates**

Holiday House

Report was given and copies of report were submitted for November 1, 2005 – January 31, 2006.

Mr. Daye asked if Seclusion/Restraint data had been submitted as required by statute. These need to be submitted. A revised form can be obtained from Mr. Daye's office.

St. Mary's Home for Disabled Children

Reports were given and copies of report were submitted for November 1, 2005 – January 31, 2006.

Maryview Behavioral Medicine Center

Reports were given and copies of reports were submitted for November 1, 2005 – January 31, 2006 for Acute Care Services, Clinical Trials and Turning Point Program.

**Regional Human Rights Advocate Report**

Mr. Daye distributed a letter from the State Human Rights Committee related to Bylaws and minutes.

The letter addressed and defined a "quorum" as at least 3 members regardless of the committee size. There also is suggested language for "removal of members." The Eastern VA LHRC voted to revise the Bylaws to include the suggested language.

Minutes of all open meetings shall include the following information:

- Date, time and location of the meeting
- LHRC members present
- LHRC members absent

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- A summary of the discussion on matters proposed, deliberated or decided
- A record of any votes taken

No confidential information shall be in the minutes. All minutes shall be sent to Margaret Walsh via e-mail and shall include the schedule of meetings for the year (which will be posted on the State website).

Mr. Daye distributed copies of the Freedom of Information Act packet. All LHRC committee members will be trained on the regulations. Ms. Benton and Ms. Blair have already been trained. Mr. Daye will train Mr. Kail following Executive Session.

A Human Rights Conference is scheduled for September 8, 2006. The location will be Charlottesville or Richmond. The conference may be limited to LHRC members so that it can focus on committee members (rather than programs) needs.

**New Business**

Proposed changes to the St. Mary's Home for Disabled Children were approved and accepted. Mr. Daye will receive a copy of the amended policy. Committee members will receive a copy of the changes.

Maryview Behavioral Medicine Center presented two Clinical Trials. The LHRC reviewed and accepted with no recommendations.

The Eastern VA LHRC agreed to go into Executive Session at 10:15 a.m., pursuant to the Virginia Code Section 2.2-3711 A(4) for the purpose of reviewing behavior programming and client specific data and/or complaints and investigations for St. Mary's Home for Disabled Children, Maryview Behavioral Medicine Center and Holiday House of Portsmouth, Inc.: see attached reports.

Upon reconvening in open session, each member of E. VA LHRC unanimously certified that, to the best of each LHRC Member's knowledge, only public business matters lawfully exempted from statutory open meeting requirements, and only public business matters identified in the motion to convene the executive session were discussed in the executive session. See attached record of Executive Session.

There being no further business the meeting was adjourned at 1:00pm.

Submitted by,

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Carol Taaffe, RNCS  
Director of Nursing  
Maryview Behavioral Medicine Center

**St. Mary's Home for Disabled Children  
Executive Session on 2-09-06**

The following is a summary of the Executive Session for February 9, 2006 for St. Mary's Home for Disabled Children:

The following behavior plans for use of psychotropic medications were reviewed:

- #1 -- approved for 6 months, to be reviewed in August.
- #2—approved for 6 months, to be reviewed in August.

The following behavior plan for use of mechanical restraint was reviewed:  
#3—approved for 3 months, to be reviewed in May.

One use of protective mitts was discussed  
Four serious incidents were discussed.  
One death was discussed.  
Changes to Behavior Management manual were approved.

**HOLIDAY HOUSE OF PORTSMOUTH, Inc.  
Programming Department  
Area: Eastern Virginia Local Human Rights Committee Meeting Executive Session  
Minutes**

The EV Local Human Rights meeting was held on Thursday, February 9, 2006 at Maryview Behavioral Medicine Center. HHP went into executive session at 11:30a.m. and came out at 12:35p.m.

1. A  
The members reviewed his medications and behavior graph with no recommendations for change.
2. B  
The members reviewed his medications and behavior graph with no recommendations
3. C  
The members reviewed and recommended no changes.
4. D  
The members reviewed and recommended no changes.

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5. E

The members reviewed and recommended no changes.

6. F

The members reviewed his medication and behavior graph with no changes. A member suggested replacing the Mellaril with another medication for behavior management. This resident receives routine blood test to monitor the Mellaril. He also had a drug holiday from the Mellaril several years ago and because of his extreme behaviors the physician reordered this medication. This resident behavior is usually a result of environmental changes in his routine.

7. G

The members reviewed his medication and behavior graph. There were no recommendations for change.

8. H

The members reviewed her medications and behaviors on graph. No changes recommended.

9. I

The members reviewed and recommended no changes.

10. J

The members reviewed medications and behavior graph. No recommendation for change.

11. K

The members reviewed and recommended no changes. A member suggested that staff assist this resident with talking to his parents on the telephone to aid in reducing disruptive behaviors. Social Worker should discuss with parents that it is a possibility that the increase in the resident's behavior may be related to parent's visitation changes.

12. L

The members reviewed and recommended no changes.

13. M

The members reviewed and recommended no changes.

14. N

The members reviewed and recommended no changes.

15. O

No changes recommended.

16. P

The members reviewed and recommended no changes.

17. S

The members reviewed the medications and behavior graph. The committee recommended to discontinue the Seroquel, if the increase in behaviors is a result of the surgery that took place on 1/12/06.

18. I

The members reviewed and recommended no changes.

19. R

The members reviewed his medications and behavior graph. A member reported for HHP staff to be aware that Trazodone causes urinary tract infections

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II. The Social Worker discussed one abuse allegation and two serious injuries during Executive Session.

**Local Human Rights Committee Meeting  
February 9, 2006**

**Record of Attendance**

	<u><b>Present</b></u>	<u><b>Absent</b></u>
<b>HRC Members</b>		
Matthew Albright		X
Jeffrey Kail	X	
Patricia E. Blair	X	
Kimberly Benton	X	
Tamala Jones		X
 <b>Human Rights Advocate</b>		
Reginald Daye	X	
Collette Ashiru		X
 <b>St. Mary's Home for Disabled Children</b>		
Melanie Perez-Lopez	X	
Shirley Justice	X	
Ann Sparksman	X	
Sheri Mantori		X
William Giermack		X
Carla Aquino		X
 <b>Maryview Behavioral Medicine Center</b>		
Carol Taaffe	X	
Janet McNiff	X	
 <b>Holiday House of Portsmouth</b>		
Ronnie Ratliff		X
Melanie Joyner	X	

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Jacqueline Mazyck

X

Beverly Withers

X

Ethel Moseley

X